**Cover Letter**

**Date:**

**From**

Dr. Name

Department, Institute, University,

City, State, Country

**Email:**

**Mob:**

**To,**

Editor-in-Chief

International Journal of Sport, Exercise and Health Research

**Dear Editor,**

We wish to submit an original research article entitled “**Title of manuscript**” for consideration by International Journal of Sport, Exercise and Health Research.

We confirm that this work is original and has not been published elsewhere, nor is it currently under consideration for publication elsewhere. We have no conflicts of interest to disclose. Please address all correspondence concerning this manuscript to me though email.

Thank you for your consideration of this manuscript.

Sincerely,

**From**

Dr. Name

Department, Institute, University,

City, State, Country

**Email:**

**Mob:**

Co-Author (If any)

Name

Department, Institute, University,

City, State, Country

**Email:**

**Mob:**